

EVIDENCE FOR CHANGE – NEW SOLUTIONS FROM A NEW COLLEGE

2.00 – 5.30 pm, Thursday 28th October 2010

Churchill Museum and Cabinet War Rooms, London

This inaugural symposium of the College of Medicine is for invited guests only

There is a crisis in medicine. A crisis of costs. A crisis of commitment. And a crisis of caring. How do we put all that right?

How should science be integrated with caring and compassion? How do we reduce the ever-escalating costs of good health care? How can we re-ignite the commitment most of us felt when we entered our professions, and which our patients still expect of us?

We have some of the answers, but we want to hear from you too. Don't miss this special inaugural conference that will allow you to have a say in the College's future plans.

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| 2.00 pm | Welcome, thanks and introduction. Sir Graeme Catto |
| 2.05 pm | The evidence for change. Sir Graeme Catto , President of the College of Medicine, in conversation with Dr Michael Dixon , Chair of Council. |
| 2.20 pm | Presentation of the Michael Pittilo Student Essay Award 2010 |
| 2.25 pm | The evidence for patient involvement. Sir Donald Irvine |
| 2.40 pm | Question time. Sir Donald Irvine in conversation with College Vice-Chair Kaye McIntosh , Patients' Council member Dr Ade Adeagbo , nurse Dame Donna Kinnair and the audience |
| 3.10 pm | Question time – Evidence and science in practice: Professor Mustafa Djamgoz and Professor Simon Gibbons in conversation with Professor Andrew Miles , Professor Jane Plant and the audience |
| 3.40 pm | Tea and networking |
| 4.00 pm | Faculties and services
(1) Education. Professor George Lewith
(2) Self help. Professor David Peters and Simon Mills
(3) Homeless care. Professor Aidan Halligan
(4) Women's health. Mr Michael Dooley
(5) Neuro-musculoskeletal. Sarah Bazin and Richard Brown |
| 4.40 pm | Question time and discussion |
| 5.00 pm | Round-up and thanks. Sir Graeme Catto |
| 5.15 pm | Tour of the War Rooms (optional) |

ABOUT THE COLLEGE OF MEDICINE

The College of Medicine brings together doctors, nurses and other health professionals with patients and scientists. No other health body does that. The College is unique. Together we are redefining what good medicine means. That includes a renewal of the traditional values of service, commitment and compassion. College professionals regard their work as a vocation not just a job. For all of us, our focus is on patients and we believe that science, systems and structures must fit their needs – rather than forcing patients to fit the needs of technology and administration.

Together, we are creating new initiatives that challenge how healthcare is managed and delivered, help the public look after their own health, and support frontline clinicians and therapists to do their best for each individual patient. Central to everything we do is a simple philosophy. Clinicians can learn from patients every bit as much as patients can learn from clinicians. The College will support a new breed of health professional who respects the culture, belief and choices of every patient, and promotes self-healing and health improvement wherever possible.

SPEAKERS

Sir Graeme Catto, President of the College of Medicine and Professor of Medicine at the University of Aberdeen. Sir Graeme was President of the General Medical Council 2001 – 2009. He was formerly Dean of the Guy's, King's College and St. Thomas' Hospitals' Medical School and Pro-Vice Chancellor, University of London. He is a specialist in renal medicine and has published widely on different aspects of nephrology and immunology.

Dr Michael Dixon, Chair of Council, is a GP who has practised in Devon for more than twenty five years. He has been Chairman of the NHS Alliance since 1998 and is considered to be one of the most significant and influential GP leaders in Britain. He is a well known advocate of preventative medicine, healthy living and integrated care.

Sir Donald Irvine is a member of the College's Advisory Council and a former GMC President – the first GP ever to hold that position. As chairman of the GMC Standards Committee he was responsible for the development of *Good Medical Practice*, which sets out the duties and responsibilities of every UK doctor and the standards which form the basic template for modern medical regulation and education. He is currently Chairman of the Picker Institute and is a longstanding advocate of patient empowerment.

Dr Ade Adeagbo, a member of the College's Patients' Council, is a non-executive director of NHS Greenwich and interim CEO of African Health Policy Network. Ade has academic and research interests in governance and social economics.

Kaye McIntosh is a College Vice-Chair and a Patients' Council member. She is a journalist specialising in health and a former editor of the Consumer Association's *Health Which?* Her investigatory reporting into key health and food issues led to the MJA Best Magazine Award.

Professor Dame Donna Kinnair is a member of the College Council. She is Director of Nursing and Commissioning for Southwark PCT and recently served as an expert nurse on the Prime Minister's Commission on the Future of Nursing and Midwifery.

Professor Mustafa Djamgoz is Professor of Cancer Biology at Imperial College, London and a member of the College Council. His research into electrical signalling between cancer cells is leading to novel means of diagnosis and treatment.

Professor Simon Gibbons, a member of the College Council, is Professor of Phytochemistry at The School of Pharmacy, University of London. His interests include isolating anti-bacterial agents from plants. He is a member of the government's Advisory Council on the Misuse of Drugs.

Professor Andrew Miles is Deputy Vice-Chancellor of the University of Buckingham and Professor of Clinical Epidemiology and Social Medicine. He has an international reputation as an expert in evidence and is a member of the College's Science Council.

Professor Jane Plant is Anglo-American Professor of Geochemistry at Imperial College, London. Her current research interests focus on pollution and hazardous substances in the environment. She is Chair of the College's Patients' Council and a breast cancer survivor.

Professor George Lewith is Vice-Chair of the College of Medicine and a practising physician. He leads the internationally respected Integrated Medicine research group at Southampton University. His research focuses on differentiating specific and non-specific effects of treatment.

Professor David Peters is Clinical Director of the School of Life Sciences at University of Westminster. A former GP, he has also trained as a homeopath, osteopath and musculo-skeletal physician. He is member of Council and a former Chair of the British Holistic Medical Association.

Simon Mills is a medical herbalist and project lead for the Department of Health's *Integrated Self Care in Family Practice* research project at two large NHS practices. He is managing director of *SustainCare*, a non-profit body concerned with evidence- and education about plant remedies.

Professor Aidan Halligan is a former Deputy Chief Medical Officer for England and was the first ever Director of Clinical Governance for the NHS. He now works at University College London Hospital and Brighton & Sussex University Hospitals. He is a member of Council and leads the Faculty for Homeless Care.

Mr Michael Dooley is a consultant obstetrician and gynaecologist. His special interest is reproductive endocrinology and he has particular expertise in infertility, menopause, premenstrual syndrome and sports gynaecology. He is a member of Council and leads the College's Faculty for Women's Health.

Sarah Bazin is a senior Therapy Manager at the Heart of England NHS Foundation Trust. Among her national and international roles, she is Vice-President of the Chartered Society of Physiotherapy and President of the Association of Chartered Physiotherapists in Management. She is a member of the College's Neuro-musculoskeletal faculty.

Richard Brown is President of the British Chiropractic Association and also a member of the Neuro-muscular skeletal faculty. He is experienced in the treatment and management of back pain and sports injuries. He frequently appears as an expert witness and has a Master's degree in Legal Aspects of Medical Practice.
